

## DANCE FITNESS LINE DANCE CLASS

## **Instructed by Rhonda Blevins**

## This course will:

- Teach You to Dance
- Improve Your Balance
- Improve Your Confidence
- Help Burn Calories
- Support Mental Wellness
- Make New Friends

To Register: Call 870-248-4180, e-mail jessica.crow@blackrivertech.edu, or visit our website at http://www.blackrivertech.org/pocahontascce. Corporate & Community Education

<u>Date</u>: Tuesdays March 15 - April 12

<u>Time</u>: 6:00– 7:30 p.m.

> <u>Cost</u>: \$45.00

